



## Calf Roping Relay

- Divide your class into three relay teams of equal numbers
- Mark a starting line ten yards from three stools or classroom chairs that have been lined up so that the distance from the line to each stool is the same
- Have teams line up behind the starting line in relay formation
- Present the first person in each line a calf roping rope with a loop in the end
- At his/her turn, each person on the team will
  1. Run to the stool
  2. Turn the stool over so that its legs are up
  3. Put the loop around one leg of the stool, wind the rope around three legs two times then tie with a hitch knot
  4. Throw hands in the air and count to six
  5. Undo the rope and turn the stool back over
  6. Run to and hand the next person in line the rope
  7. Go to the back of the relay line
- The first team that completes the relay wins